

## Obtaining Consultant in Diving Medicine (CDM) Advice

(Mar 2022 revision)

Ref: CFHS Gp Instr 4000-04 Divers PHA ( <http://cmp-cpm.mil.ca/en/health/policies-direction/policies/4000-04.page> )

1. Background. Para 44., Ref A stipulates that: “A CDM will be consulted as soon as possible in all suspected cases of DCI (AGE or DCS), as well as in any other serious diving-related injury”. This is not only to ensure event is captured in appropriate databases, but also to enable the most appropriate case management. Normally a CDM may be reached for these and other urgent affairs IAW Para 2, below.

2. Duty CDM Pager. An urgent Diving Medicine consultation is normally obtained by calling **416-635-2162** and following the recorded contact instructions. Response time should be within 10 minutes, but never longer than 30min.

3. In the event of NON-reply by the Duty CDM, the next points of contact to attempt (in descending order of preference) are as follows:

a. CAF CDMs:

i)	CDHM Toronto:	<i>LCdr Brett</i>	<i>CSN 634- / 1-416-635- 2014 / Cell. 647-632-3206</i>
ii)	West Coast CDSM:	<i>Maj Landry</i>	<i>CSN 333- / 1-250-363-5531 / Cell 1-250-713-4408</i>
iii)	East Coast CDSM:	<i>Not filled</i>	
iv)	Ottawa CDSMs:	<i>LCol Grodecki</i>	<i>1-613-901-9805; Cell: 1-647-901-1755</i>
		<i>Col B Rideout</i>	<i>1-613-904-6714; Cell: 1-613-404-6461</i>

b. Other resources:

- i) Divers Alert Network (DAN America International Headquarters = <https://www.diversalertnetwork.org/contact/international.asp>): Diving Emergencies 1-919-684-9111 (accepts collect calls)
- ii) CFEME Toronto: CSN 634-2100, 1-416-635-2100 (ask Commissionaires to page “Any medical officer” regarding diving emergency medical advice)

c. Other CDM-equivalents:

- i) FOR WEST COAST REFERRALS ONLY: Vancouver General Hospital Hyperbaric Unit; 1-604-875-4007 Chamber; 604-875-5000 Emergency – ask for Duty HBOT Physician
- ii) FOR EAST COAST REFERRALS ONLY: Halifax (QE2); Hyperbaric unit 1-902-473-2222; Duty HBOT (emergency) 1-902-473-7998
- iii) Panama City (US Navy Experimental Diving Unit, <http://www.supsalv.org/nedu/nedu.htm>): Main switchboard (‘quarterdeck’) 1-(850) 230-3100 – Ask to be transferred to DMO on call.

4. Required Information. The most medically-qualified person readily available should make the call. Be prepared to offer details of the case (do not delay call IOT gather all details). Required information includes:

- a. Patient Profile (eg age, gender, occupation, diving background, etc) & Current Complaint;
- b. Patient Medical History (eg, allergies, medications, pertinent past medical history, last meal, etc);
- c. Incident Dive History (ie dive profile, breathing gas/equipment, what sort of dive operation, risks for DCI, etc);
- d. Objective findings (physical exam, investigations if any, etc); and
- e. Interventions thus far and response to same (eg, O2, IV, etc).

FINALIZATION:

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Approved for Uploading & Release: On 23 March 2022 by Col JD.Jonasson, RCN Surg